



11/09/99 15:22:10

Office of Special Nutritionals
HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support – ECHINACEA

Pursuant to 21 CFR Part 101.93, American Specialty Health and Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as ECHINACEA

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108.

2) Text of Nutritional Support Statement being made:
"Echinacea, also known as purple cone flower, is a native North American wildflower. Preparations made from the juice of the plant have been found to support a healthy immune system. E.purpurea is one of the most commonly used species of Echinacea."

3) Name of dietary ingredient: See attached product label.

4) Brand Name: ECHINACEA

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Sr. Vice President.

Yours truly,

A handwritten signature in black ink, appearing to read "Doug Metz".

Dr. Doug Metz
Sr. Vice President

97S-0162

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Directions For Use: Take 3 capsules, 3 times daily preferably with food.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. Do not use echinacea for more than a few weeks. This herb is not to be used in systemic diseases such as tuberculosis, multiple sclerosis, immune disorders and other such diseases.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY™ HEALTH & WELLNESS,
PO BOX 509040, SAN DIEGO, CA 92150-9040

www.buyhealthy.com

Item # 40136

1999 R/O

ECHINACEA

DIETARY SUPPLEMENT



100 CAPSULES

Premium Products for Your Health & Wellness

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 33

	Amount Per Serving:	% Daily Value
Calories	5	
Total Carbohydrate	1 g.	< 1%†
Dietary Fiber less than 1 gram		3%†
Echinacea (Echinacea purpurea stem, leaf, flower)	1.20 g.	*

*Daily Value not established.

†Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Gelatin.

Double safety sealed with a printed outer shrink-wrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing.